

# **SANDRA SHROFF ROFEL COLLEGE OF NURSING, VAPI**

## **REPORT ON SCHOOL HEALTH PROGRAMME AT PRIMARY SCHOOL DUNGRA**

**DATE: 22 FEBRUARY, 2022**



## INTRODUCTION

A comprehensive school health programme is an organized a set of policies, procedures and activities designed to protect and promote the health and well-being of students and staff which has traditionally included health services, healthful school environment and health education. Health education builds students' knowledge, skills and positive about health. Health education teach about physical, mental, emotional and social health. It motives students to improve and maintain their health, prevent disease, and reduce risky behaviors.



## OBJECTIVES:

The objectives of school health programme are as follows:

- The promotion of positive health
- Prevention of disease
- Early diagnosis, treatment and follow up of disease
- Awakening health consciousness among children
- Provision of health environment



## PROGRAMME'S REPORT:

4th year B.SC nursing students of Sandra Shroff rofel college of nursing,vapi had organised SCHOOL HEALTH PROGRAMME on 22nd February,2022 at primary school,



Dungara faliya. The programme was organized under the guidance of Mrs. Suparna Chakraborty (Asst. Professor, Department of community health nursing, SSRN,vapi) and Mrs. Sejal patel(Nursing tutor, Department of community health nursing,SSRCN vapi) and Ms.Komal patel and Ms. Rinkal patel (Clinical instructor, SSRN, vapi). Total 133 students attended the programme from 1st to 8th standard.



The programme was started at 10:30am. Anchor of the programme was Ms. Jinal Rathod and Mr. Kiran raval. At first they welcomed all teachers and students and programme was started by a prayer song.

After that a small dance was performed on "Hand washing" by some students of 4th year B.sc.nursing and performed a small role play on topic of ..."What effect does bad food on our health? "And gave the message to Eat Nutritious diet.



After that Ms. Khusboo gave health talk regarding food hygiene, Mr. Sahil explained about mental hygiene & we keep a small exhibition on Balance Diet.



Ms. Roshni Gavli and Ms .Priti Gavli kept health awareness talk on COVID-19 and omicron, its sign, symptoms and prevention.





As a part of school programme, health assessment was done on 133 students in which includes Anthropometric measurements, Eye check-up , Ear check- up, Dental check- up.

At first checked temperature of all students and gave a hand sanitizer and registration of all the students was done which includes basic identification data (Name, Age, Sex, and class) of child.



## EYE CHECK UP



## EAR CHECK UP



## DENTAL CHECK UP

## ANTHROPOMETRIC MEASUREMENT

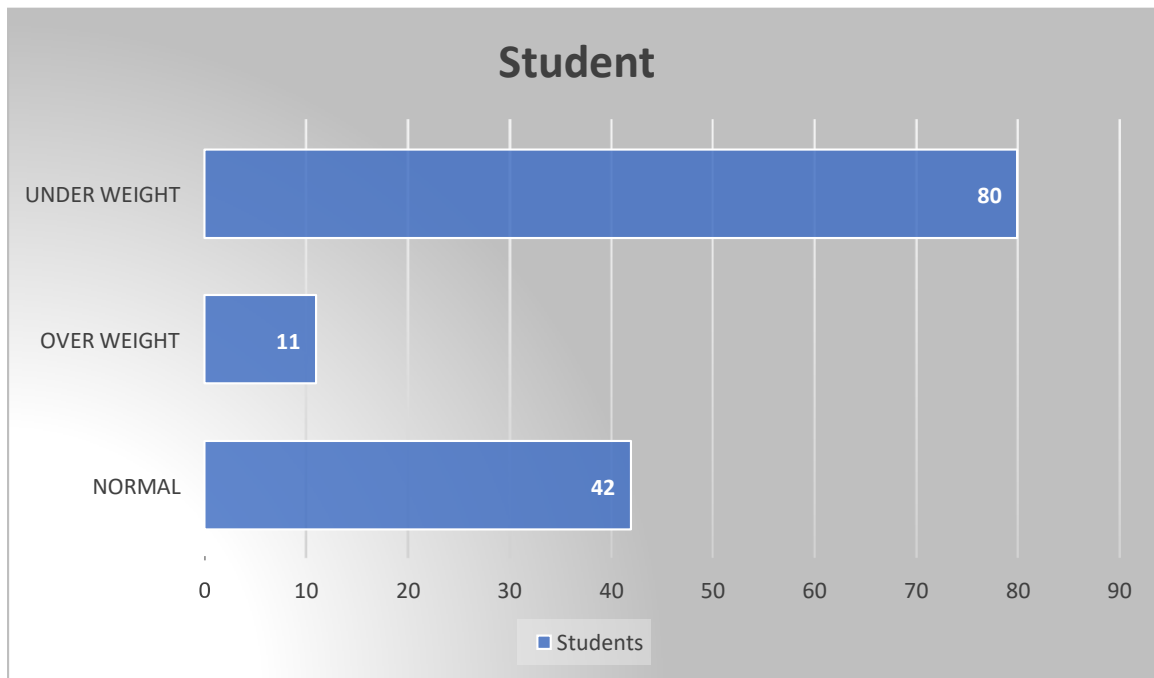


At last some Refreshments was arranged for all school teachers and students and gave a token of love to them.

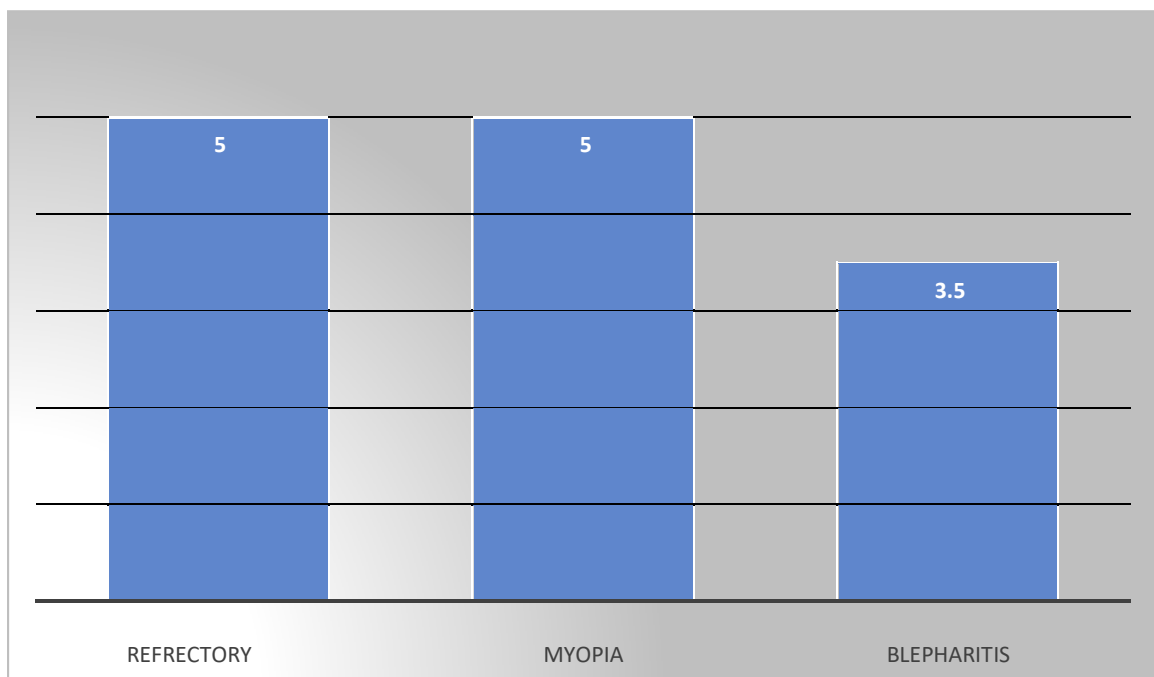


## THE FINDINGS OF THE PHYSICAL ASSESSMENT:

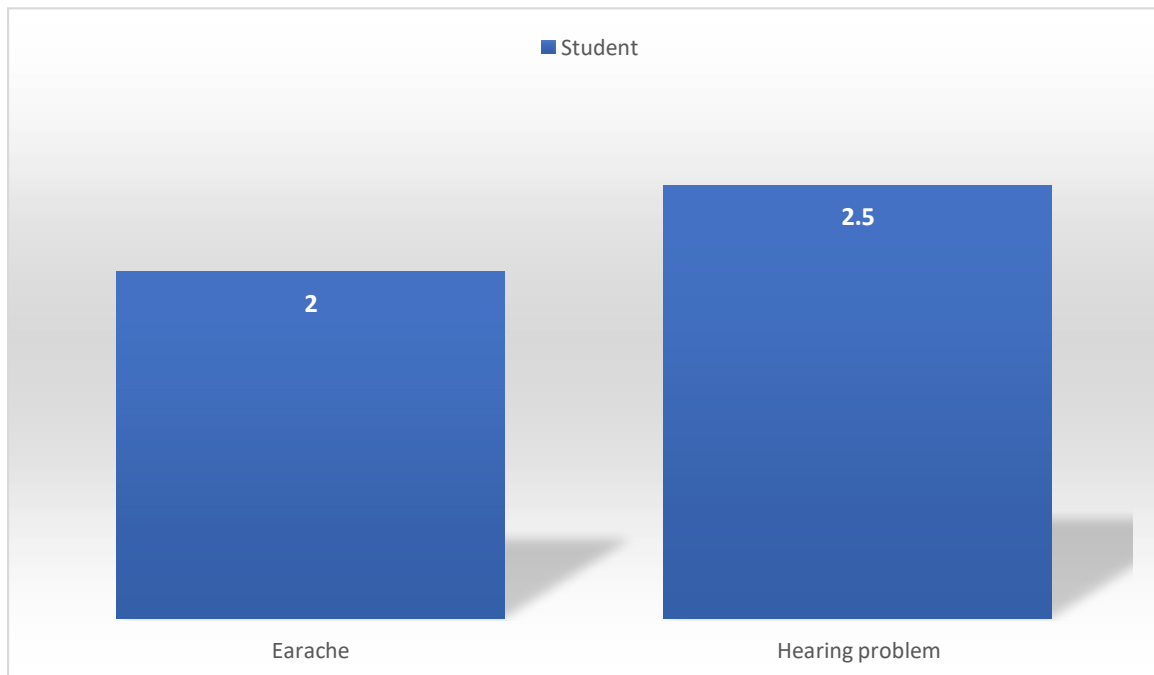
- Results of Anthropometric measurements: 80 children's are under weight and 11 are overweight out of 133



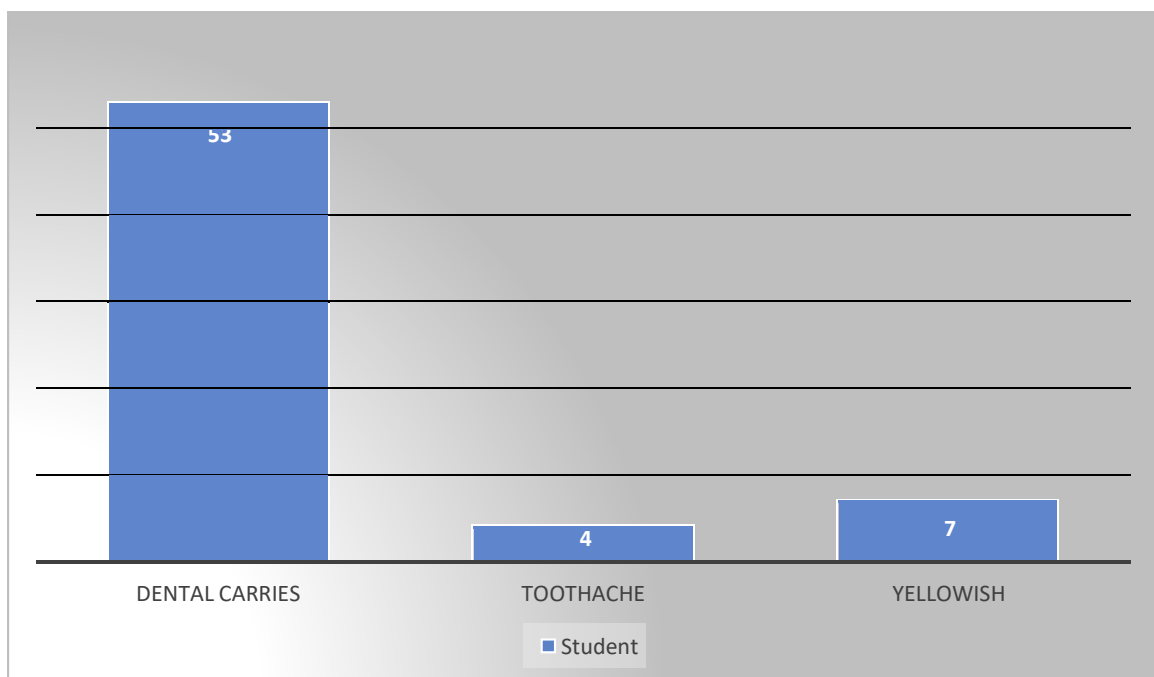
- Results of Eye check-up: 5 students having a refractory errors and 5 students having myopia and 1 students having Blepharitis.



•Result of Ear checkup: 2 children had earache, and 3 children having mild hearing problems.



•Result of Dental check-up: 53 students had Dental carries, 4 had toothache and 7 had yellowish discoloration on their teeth.





## CONCLUSION:

Students of 4th year B.sc nursing along with guidance of 4 faculty members (Mrs. Suparna Chakraborty, Mrs. Sejal patel, Ms. Komal patel, Ms. Rinkal patel) had organized SCHOOL HEALTH PROGRAMME on 22nd February,2022 at primary school, Dungara faliya with the support and guidance of our beloved principal mam of Sandra Shroff rofel college of nursing, vapi- Maj.Gen.Mrs.T.K.Bhutia mam(Retd.).

