

SANDRA SHROFF ROFEL COLLEGE OF NURSING



REPORT OF ICDS PROGRAMME AT
ANGANWADI, ORWARD
ON
17TH MARCH 2021



*NOTE:-DUE TO COVID-19 ONLY 14 STUDENTS ARE ALLOWED IN ICDS PROGRAMME BY
COMMUNITY HEALTH OFFICER AND ANGANWADI SUPERVISOR*



INTRODUCTION

Integrated Child Development Service (ICDS) is a government program in India provides food, preschool education, primary health care, immunization, health check-up, and referral services to children under 5 years of age and their mothers.

Tenth five Year plan also linked ICDS to Anganwadi Centre established mainly in rural areas and staffed with frontline workers, in addition to fighting malnutrition and ill health, the program is also intended to combat gender inequality by providing girls the same resources as boys.

OBJECTIVES

The following services are sponsored under ICDS to help achieve its objectives:

- + Immunization
- + Supplementary nutrition
- + Health check up
- + Referral services
- + Preschool education(Non-Formal)
- + Nutrition and Health information



PROGRAMME REPORT

The **ICDS PROGRAMME** was organized along by the students of 4th year B.Sc. Nursing under the guidance of faculty members, Mrs.Suparna Chakraborty(Asst. professor) at Orward Anganwadi, Udwada on 17th march, 2021.



14 numbers of children attended the program along with their mothers. The students presented their health talk in front of the child and mothers on different topic like video teaching on prevention of covid -19.



A small role play was conducted by the students. The role play depicted personal hygiene. At the end of role play, students performed dance on “Hand washing Technique”. Hand washing technique was also taught to the child and mothers by group demonstration.

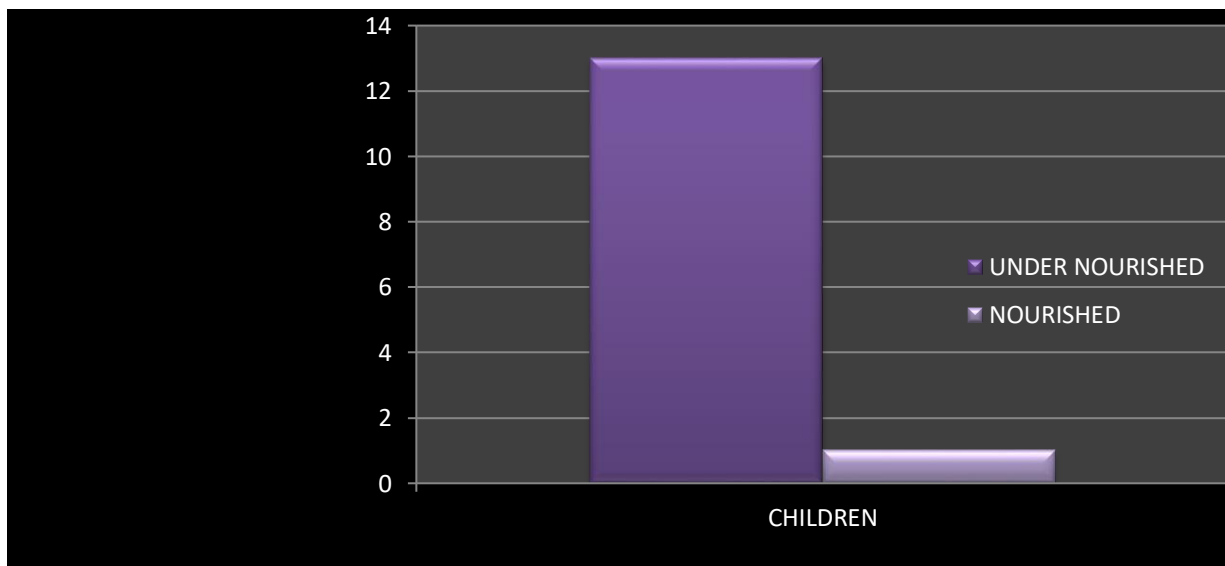


After the demonstration, Health Assessment had been started. ICDS activities includes various aspects within that we organized the small Health checkup camp for determination of Nutrition and Malnutrition status of the children. Measurement of Height, Weight, BMI, Head circumference, Chest circumference, mid arm circumference and the abdominal girth was done by the Health check-up team. Estimation of the nutritional criteria was done through the Gomez and Waterson’s formula.



RESULT

Estimation of Nourished and Malnourished children done. According to Weech's Formula & Gomez's Classification. **1 Child** was **nourished** among the 14 children and rest 13 children are **undernourished**.



After that we had done puppet show on prevention of accidents. And then exhibition of food like high calorie diet, iron-rich diet, protein rich diet. This is low of cost & Easy to make at home.



At the end of program, refreshment was arranged by us and we distributed different rich diet to the children and their mothers. Got positive outcome from all the members who have joined the programmed after that we went to community field visit and PHC posting.

