



SANDRA SHROFF COLLEGE OF NURSING, VAPI

REPORT ON NATIONAL CHILDREN'S DAY CELEBRATION

Organised by: Department of Child Health Nursing

Date: 14th November 2024

Venue: Smt. Sandraben Shroff Gnyan Dham Auditorium


14/11/2024

Principal
Sandra Shroff College of Nursing



National Children's Day Celebration Report

Theme: "Listen to the Future"

The Sandra Shroff College of Nursing's Department of Child Health Nursing Prof. Mrs. J. M. Silja HOD of the department, Mrs. Poonam Patel Assistant Professor, Ms. Simran Shaikh, Nursing Tutor and Mrs. Sheetal, Nursing Tutor and 6th Sem BSc(N) Students, celebrated National Children's Day with the theme "Listen to the Future," reflecting a commitment to nurturing young minds and emphasizing the importance of children's well-being, creativity, and mental health. The event took place on 14th November 2024 at the Smt. Sandraben Shroff Gnyan Dham Auditorium, witnessing enthusiastic participation from 7th-grade students.

OBJECTIVES:

- ❖ To provide a fun-filled day of activities that also fosters learning and creativity.
- ❖ To create an inclusive environment where every child feels involved and valued through engaging activities.
- ❖ To offer opportunities for children to showcase their talents, boosting their self-esteem and teamwork.
- ❖ To ensure a memorable day that children will cherish and look back on fondly.
- ❖ To instill values such as kindness, cooperation, and respect for others through various activities and games.
- ❖ To encourage children to express their thoughts, ideas, and feelings, fostering an environment that respects their voices.

EVENT HIGHLIGHTS

The celebration commenced at 10.30 am with a welcome address by Sonal Sanjay student of 6th Sem B.Sc.(N), setting a warm, welcoming tone and extended greetings to the esteemed Principal, Mrs. Achala K. Joshi, Vice Principal Mr. Thomas Kuriakose, teachers the 7th-grade students, The address emphasized the purpose of Children's Day.

Mrs. Achala K. Joshi, Principal, Mr. Thomas Kuraikose, Vice Principal of Smt. Sandraben Shroff Gnyan Dham and faculty members of Sandra Shroff College of Nursing officially unveiled the event theme,

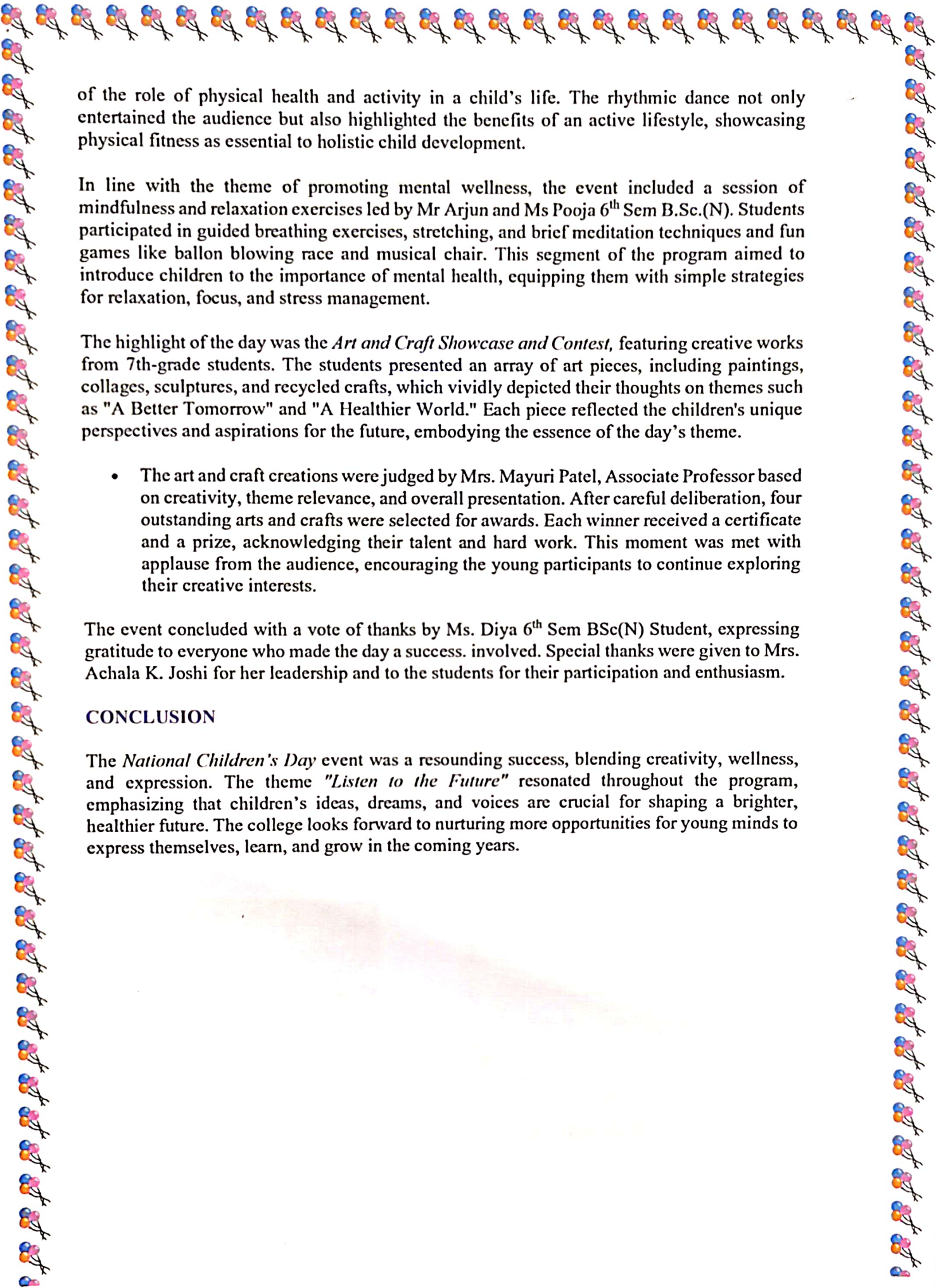
Following the unveiling of the theme, a Ms Pooja and the team of 6th Sem BSc(N) students presented an invigorating *Health Beat Dance*. This performance served as a vibrant reminder

| TIME | EVENT |
|-----------------------|---|
| 10: 30 am to 10:40 am | Welcome Address Unveiling the theme By Mrs. Achala K. Joshi, Principal Smt. Sandraben Shroff Gnyan Dham School |
| 10: 40 am to 10:50 am | Health beat dance By 6th Semester B.Sc.(N) Students |
| 10: 50 am to 11:05 am | Mindfulness and relaxation Activities By 6th Semester B.Sc.(N) Students |
| 11:05 am to 11:20 am | Art and Craft Showcase and Contest: Listen to the future (7th Grade students) |
| 10:20 am to 11:30 am | Prize Distribution & Vote of Thanks |

ORGANIZING MEMBERS

1. Prof. Mr. Kamal Ponnandja, Principal
2. Dr. Anila Kuvale, Vice Principal
3. Prof. Mrs. J. M. Silja, HOD
4. Mrs. Poonam Patel, Assistant Professor
5. Mrs. Dattat Erwar, Nursing Tutor
6. Ms. Simran Shaikh, Nursing Tutor
7. Mrs. Sheetal M. K., Nursing Tutor

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of the role of physical health and activity in a child's life. The rhythmic dance not only entertained the audience but also highlighted the benefits of an active lifestyle, showcasing physical fitness as essential to holistic child development.

In line with the theme of promoting mental wellness, the event included a session of mindfulness and relaxation exercises led by Mr Arjun and Ms Pooja 6th Sem B.Sc.(N). Students participated in guided breathing exercises, stretching, and brief meditation techniques and fun games like balloon blowing race and musical chair. This segment of the program aimed to introduce children to the importance of mental health, equipping them with simple strategies for relaxation, focus, and stress management.

The highlight of the day was the *Art and Craft Showcase and Contest*, featuring creative works from 7th-grade students. The students presented an array of art pieces, including paintings, collages, sculptures, and recycled crafts, which vividly depicted their thoughts on themes such as "A Better Tomorrow" and "A Healthier World." Each piece reflected the children's unique perspectives and aspirations for the future, embodying the essence of the day's theme.

- The art and craft creations were judged by Mrs. Mayuri Patel, Associate Professor based on creativity, theme relevance, and overall presentation. After careful deliberation, four outstanding arts and crafts were selected for awards. Each winner received a certificate and a prize, acknowledging their talent and hard work. This moment was met with applause from the audience, encouraging the young participants to continue exploring their creative interests.

The event concluded with a vote of thanks by Ms. Diya 6th Sem BSc(N) Student, expressing gratitude to everyone who made the day a success. Special thanks were given to Mrs. Achala K. Joshi for her leadership and to the students for their participation and enthusiasm.

CONCLUSION

The *National Children's Day* event was a resounding success, blending creativity, wellness, and expression. The theme "*Listen to the Future*" resonated throughout the program, emphasizing that children's ideas, dreams, and voices are crucial for shaping a brighter, healthier future. The college looks forward to nurturing more opportunities for young minds to express themselves, learn, and grow in the coming years.

A GLIMPSE OF THE EVENTS

Unveiling the theme: "LISTEN TO FUTURE"



HEALTH BEAT DANCE



MINDFULNESS ACTIVITIES

