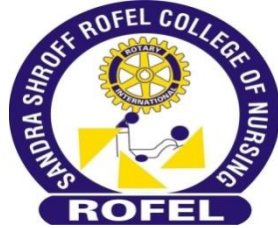


# SANDRA SHROFF ROFEL COLLEGE OF NURSING



## REPORT OF SCHOOL HEALTH PROGRAMME AT PRIMARY SCHOOL ORWAD

**ON 24<sup>TH</sup> MARCH, 2021**



## **INTRODUCTION**

A comprehensive school health programme is an organized a set of policies, procedures and activities designed to protect and promote the health and well-being of students and staff which has traditionally included health services, healthful school environment and health education. Health education builds students' knowledge, skills and positive attitudes about health. Health education teaches about physical, mental, emotional and social health. It motivates students to improve and maintain their health, prevent diseases, and reduce risky behaviours.



## **OBJECTIVES**

The objectives of school health programme are as follows:

- ❖ The promotion of positive health
- ❖ Prevention of diseases
- ❖ Early diagnosis, treatment and follow up of disease
- ❖ Awakenning health consciousness among children
- ❖ Provision of healthy environment

## PROGRAMME'S REPORT:

4<sup>th</sup> year B.Sc Nursing Students of SSRCN had organised SCHOOL HEALTH PROGRAMME on 24<sup>th</sup> March, 2021 at Primary School, Orwad. The programme was organised under the guidance of Mrs. Suparna Chakraborty (Asst. Professor, Department of Community health nursing, SSRCN, Vapi). Total 50 students attended the programme from 6<sup>th</sup> to 8<sup>th</sup> standard.



The programme was started at 11:00am. At first we welcome all teachers, Health Inspector (Health Inspector was present in the school on that day) and students & started the programme with lighting the lamp & prayer song. Then Theme Opening on World TB day was done by Mrs. Suparna Chakraborty and Mrs. Manishaben (Assistant Teacher of Orwad School). After theme opening we did Health Assessment of 50 students who were present on 24<sup>th</sup> April. Due to COVID 19, only 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> standard students were present in the school. Then a small video teaching programme was done on control and prevention of TB by Ms. Dhvani Patel and Mr. Purav Intwala, students of 4<sup>th</sup> year B.Sc. Nursing.



Ms.Rima Patel gave health talk on COVID 19 Precautions & demonstrated hand washing technique to the children. After that Ms.Rima, Ms.Anjali, Ms.Komal and Ms.Riya shown puppet show on signs & symptoms

of COVID 19. Then Ms.Hetvi Patel taught them how to make handmade mask and also distributed handmade masks to children.



As a part of School health programme, health assessment was done on 50 students in which we did Anthropometric measurement, Eye check up, ear check up and Dental check up. At first we did registration of all children, in that we mentioned name, age, sex & class. At last some Refreshment was arranged for all school teachers & students.





**Registration of the Children**



**Anthropometric Measurement**



**Dental Check up**



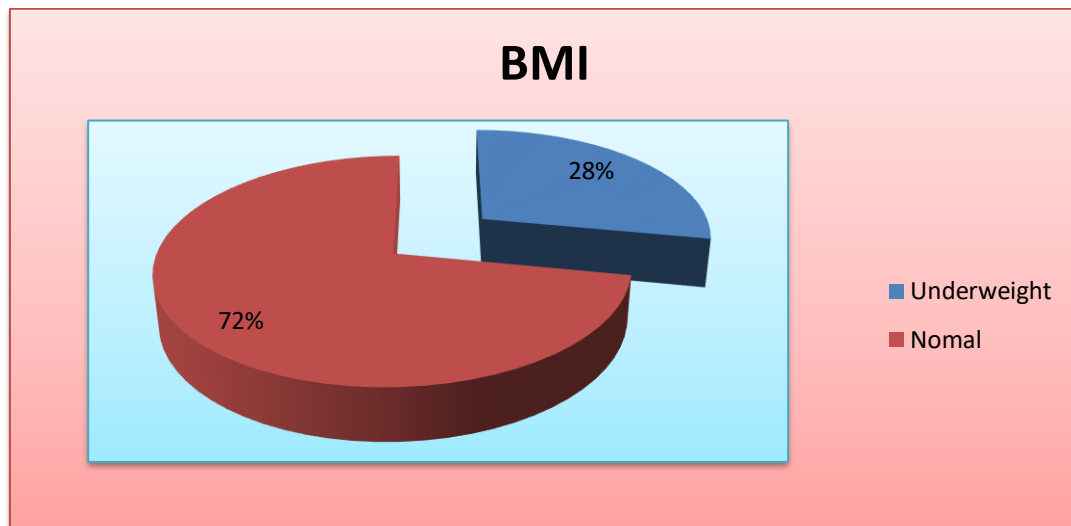
**Eye & ENT Check up**



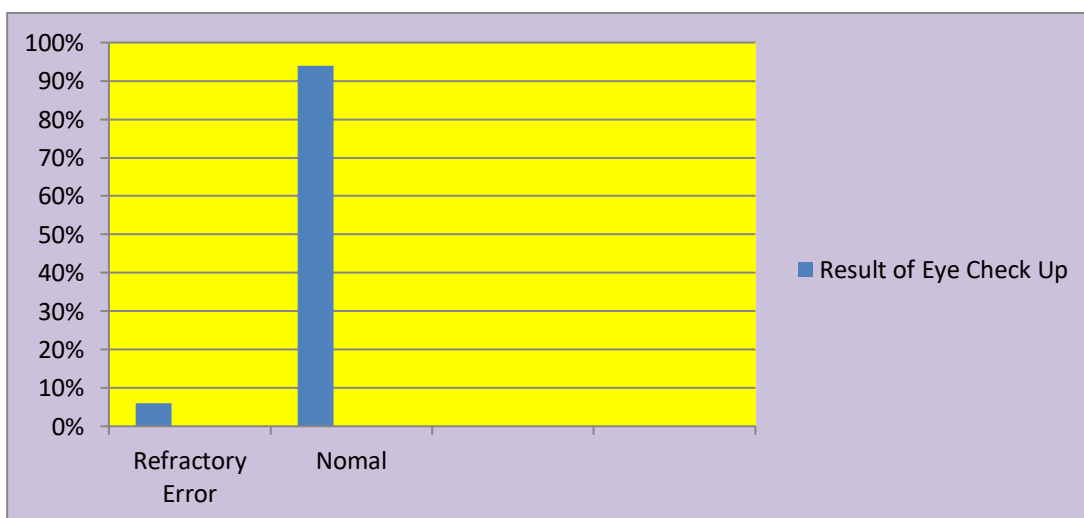
## Refreshment

### THE FINDINGS OF THE PHYSICAL ASSESSMENT:

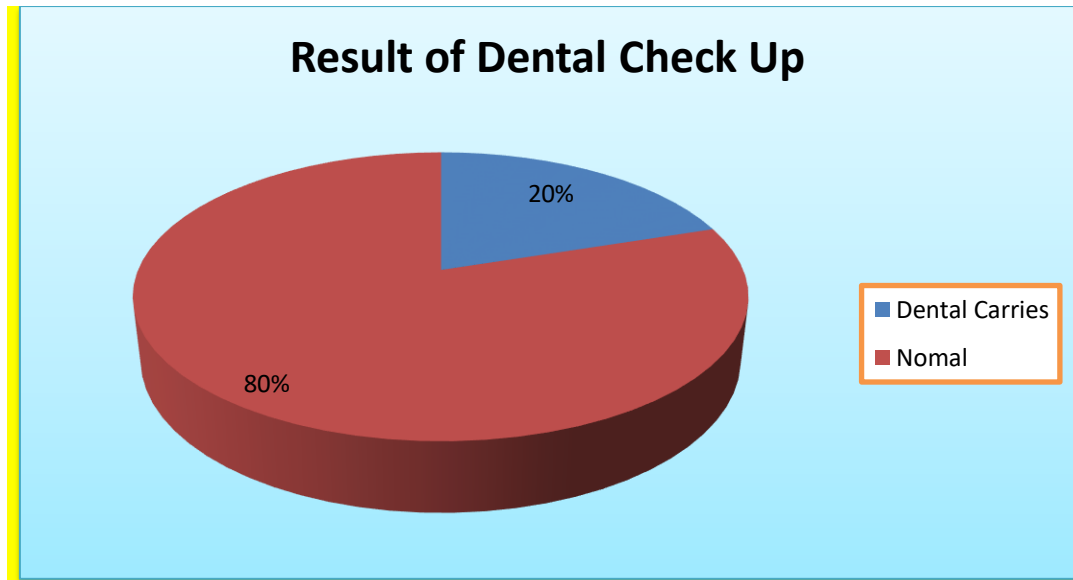
- **Result of Anthropometric measurements:** 14 children were Underweight out of 50 children.



- **Result of Eye Check Up:** 3 children were having refractory errors.



- **Result of Ear Check Up:** Nobody was having any problem in vision.
- **Result of dental Check Up:** 10 children had Dental carries.



## **CONCLUSION**

Students of 4<sup>th</sup> year B.Sc nursing had organised SCHOOL HEALTH PROGRAMME on 24<sup>th</sup> March, 2021 at Primary School, Orwad under the guidance of Mrs. Suparna Chakraborty (Assistant Professor, SSRN) & support of beloved Principal Maj.Gen.Mrs.T.K.Bhutia (Retd.).

