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SPORTS DAY , NURSING 2021



INTRODUCTION:

National sports day is celebrated on August 29 every year on the birth of Major Dhyani Chand Singh, who was a legendary Indian hockey player. So on the occasions of sports day, various sporting activities are conducted across the colleges so that taking inspiration from that event, our college organized sports day on the date of 14th Aug 2021.

Before the starting of sports day event, all faculty members and students are divided into four different houses based on flower names: Jasmine, Lotus, Marigold, and Orchid. And by sports committee invitation given to the principal, all faculty members and all students and non-teaching staff.



On the day of 14th aug 2021 in morning at 9 o' clock all the students and all faculty members are gathered at sports area at where by the Ms. Vaibhavi Panchal given all the instruction regarding whole sports day event and we started our march from sports area to the auditorium room . then by the respected principal , Mrs. Maj. Gen.T.K. bhutia(retd.) inauguration is done by the cutting the ribbon of entry area and flying the balloon in the sky. mam give a inspirational speech to all participant to boost up their sprit. After the inauguration all activities were started on their location area



In **chess** game Ms. Vaibhavi panchl was evaluator and total six students are participated in games and from that seema from marigold team was winner.



In **yoga** Mrs. Shila mam was evaluator and total 11 students were participated in game and from that gayatri wes winner from orchid house.



In the **skipping** game Ms. Nayana mam was evaluator and total 13 students were participated in game and from that jonathan was winner from marigold house.



In **carom** game Ms. Smitha mam was evaluator and total 18 students were participated in the game and from that nidhi and priti were winner from lotus house.



In **Ludo** game Ms. Visha mam patel was evaluator and total 24 students were participated and from that pinaz was winner from lotus house.



Conclusion: Indoor games are often thought of as inferior to outdoor games when we consider the health benefits of playing games. But it encourages creativity, develop critical thinking, and helps to improve memory formation & cognitive skill.