



**SANDRA SHROFF ROFEL COLLEGE OF  
NURSING**

**REPORT  
ON  
WORLD DOWN SYNDROME DAY**



# WORLD DOWN SYNDROME DAY DAY CELEBRATION

## REPORT – 2021

World Down Syndrome Day (WDS) is marked each year on March 21, beginning in 2006. The 21st day of March (the 3rd month of the year) was selected to signify the uniqueness of the triplication (trisomy) of the 21st chromosome which causes Down syndrome.

Every year on March 21, World Down Syndrome Day is observed to create awareness about down syndrome. It is a condition in which a child is born with an extra 21st chromosome.

**This year's theme "We Decide"** is inspired by the United Nations Convention on the Rights of Persons with Disabilities (CRPD) that supports effective and meaningful participation as a core human right.

*All people with Down syndrome should have full participation in decision making about matters relating to or affecting their lives". – Down Syndrome International*

World Down Syndrome Day is observed on the 21st day of the 3rd month because it was selected to signify the uniqueness of the triplication (trisomy) of the 21st chromosome which causes Down syndrome.

We the students of 2<sup>nd</sup> year M.sc Nursing and 3<sup>rd</sup> year B.sc Nursing from Sandra Shroff ROFEL College of nursing, Vapi celebrated the World down syndrome day at Shrimad Rajchandra Hospital, Dharampur on 22<sup>nd</sup> March 2021. We had invited Dr.Gaurij Hood the Community Phycian of Rajchandra hospital and Dr. Yogendra Varatkar Peditrition of Shrimad Rajchandra Hospital, Dharampur for the theme opening. By 11:00 am we have started our theme opening program. They also told us the theme of world down syndrome day 2021 and explained the motto behind the World Down syndrome day celebration.





After that badge distribution was done to create awareness regarding Down syndrome. Then a small video presentation done which includes what is down syndrome, signs and symptoms of down syndrome, prevention of down syndrome. we have given health education regarding down syndrome which included causes of down syndrome, Diagnostic methods of down syndrome, treatment of down syndrome. Then another activity “ROCK THE SOCKS” was done by wearing unpaired socks.





By 12:00 PM we have completed our whole program of world Down Syndrome Day celebration and thanked our faculties for their valuable suggestions.

Awareness program was also organized at OPD Block of Haria L.G. Rotary Hospital, Surat.

