



**SANDRA SHROFF ROFEL COLLEGE OF
NURSING, VAPI**

REPORT ON
World Arthritis Day
12 October 2020

Theme: Don't Delay, Connect Today

DEPARTMENT OF MEDICAL SURGICAL NURSING



World Arthritis Day: 12 October

**DON'T
DELAY** 
**CONNECT
TODAY**

World Arthritis Day 12TH OCTOBER 2020

Theme: Don't Delay, Connect Today

Introduction:

World Arthritis Day is a special day that unifies people of all ages, races, and genders to raise awareness of rheumatic and musculoskeletal diseases (RMDs). World Arthritis Day is

observed on October 12, every year since 1996. World Arthritis Day is observed to raise awareness about

Arthritis around the world. The theme of the World Arthritis Day 2020 is “Time2Work”. The day is celebrated to raise awareness about arthritis, an inflammatory condition that causes pain and stiffness in joints that can worsen with age.



Arthritis Day awareness Programme By SSRCN Vapi

On October 12, the students of MSc Nursing under the Guidance of department of Medical Surgical Nursing Organized world arthritis day awareness programme. The Programme started by morning 10 am at OPD Block of HRH, Vapi. The Doctors and Staff Nurses from HRH, The Principal, Faculty and students were invited for the Program.

The Students gave awareness health education at OPD block to the patients and Patient relatives and followed with education session at various wards of HRH, Vapi.

Arthritis is not a single disease but a collection of more than 100 different conditions that affect the joints, tissues around joints, and other connective tissues. The conditions are usually associated with joint stiffness, pain, and inflammation and are more commonly seen in adults.

Arthritis is an inflammation of the joints. It can affect one joint or multiple joints. There are more than 100 different types of arthritis, with different causes and treatment methods. Two of the most common types are osteoarthritis (OA) and rheumatoid arthritis (RA). The recent surveys shows that Arthritis affects more than 180 million people in India - prevalence higher than many well-known diseases such as diabetes, AIDS and cancer. Around 14% of the Indian population seeks a doctor's help every year for this joint disease. In the United States, 23% of all adults over 54 million people have arthritis. About 24 million adults are limited in their activities from arthritis, and more than 1 in 4 adults with arthritis report severe joint pain.



