



SANDRA SHROFF COLLEGE OF NURSING

Recognized by INC, GNC & affiliated to Veer Narmad South Gujarat University-Surat
Plot No. 334, 335, 336 & 338, Near Haria L.G. Rotary Hospital Campus, GIDC, Vapi - 396195, Gujarat, India
Mobile No: +91-6357647901, +91-6357647902 E. info@sscnvapi.org



REPORT ON

INTERNATIONAL YOGA DAY

DATE: 21/06/2026

SUBMITTED BY

**NATIONAL SERVICE SCHEME UNIT &
STUDENT NURSES ASSOCIATION UNIT**

SSCN, VAPI

SIGNATURE OF PRINCIPAL

Principal
Sandra Shroff College of Nursing



SANDRA SHROFF COLLEGE OF NURSING

Recognized by INC, GNC & affiliated to Veer Narmad South Gujarat University-Surat
Plot No. 334, 335, 336 & 338, Near Haria L.G. Rotary Hospital Campus, GIDC, Vapi - 396195. Gujarat, India
Mobile No: +91-6357647901, +91-6357647902 E. info@sscnvapi.org

CIRCULAR

International Yoga Day

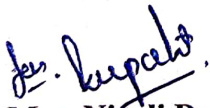
Date: 19th June , 2026

This is to inform to all students and staff that the NSS Unit and SNA Unit of Sandra Shroff College of Nursing, Vapi will be organizing an **International Yoga Day on 21st June 2026**. The Programme will be conducted under the guidance of **Dr. Dinesh Selvam** (Principal), **Dr. Kanakalakshmi** (Vice-Principal) and Mrs. Chaitali Patel (SNA Treasurer), Mrs. Nirali Desai (NSS Programme Officer) & Mrs. Ketika Patel (Assistant NSS Programme Officer) along with the NSS team. The programme will be held in the Multipurpose hall S.S.C.N, Vapi at 6:30 Am to 7:30 Am. Students are encouraged to actively participate in the programme.

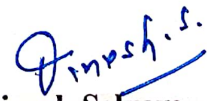
Copy to:

Class Coordinator

Student Notice Board


Mrs. Nirali Desai

Sign of NSS Programme Officer


Dr. Dinesh Selvam . S

Sign of Principal

Principal
Sandra Shroff College of Nursing





SANDRA SHROFF COLLEGE OF NURSING

Recognized by INC, GNC & affiliated to Veer Narmad South Gujarat University-Surat
Plot No. 334, 335, 336 & 338, Near Haria L.G. Rotary Hospital Campus, GIDC, Vapi - 396195, Gujarat, India
Mobile No: +91-6357647901, +91-6357647902 E. info@sscnvapi.org



SANDRA SHROFF COLLEGE OF NURSING VAPI

NSS Team and SNA Unit

cordially invites you all to celebrate

INTERNATIONAL YOGA DAY

21 JUNE 2026 | 2026

THEME

"Yoga for Healthy Ageing"

“Age
Beautifully,
Live
Mindfully,
Stay
Healthy.”



Yoga Today,
Vitality
Tomorrow,
Wellness
Forever.



Improves
Flexibility
& Strength



Enhances
Mental Clarity
& Memory



Supports
Heart Health
& Immunity



Promotes
Social Connection
& Well-being



Encourages
Active & Independent
Ageing



DATE
21ST JUNE 2026
SUNDAY



TIME
6:30 AM
ONWARDS



VENUE
SSCN,
MULTIPURPOSE HALL

*Let's unite on the mat to unite for a healthier,
happier and sustainable tomorrow!*

ALL ARE WELCOME!



SANDRA SHROFF COLLEGE OF NURSING

Recognized by INC, GNC & affiliated to Veer Narmad South Gujarat University-Surat
Plot No. 334, 335, 336 & 338, Near Haria L.G. Rotary Hospital Campus, GIDC, Vapi - 396195, Gujarat, India
Mobile No: +91-6357647901, +91-6357647902 E. info@sscnvapi.org

Name of Programme Organized: International Yoga Day

Title of the activity: Celebration of International Yoga Day-YOGA SANGAM

Date of Event: 21st June , 2026

Name of the Coordinator of Activity: Mrs. Chaitali Patel, Mrs. Ketika Patel, Mrs. Priya Patel, NSS & SNA team

Venue: Multipurpose Hall, SSCN, Vapi

Time: 6:30Am to 7:30 Am

No. of Participants: 60 (56 students and 4 faculty members)

Name of the Sponsored Organization: Sandra Shroff College of Nursing, Vapi

Name of Sponsorship: Regular NSS & SNA Activity



SANDRA SHROFF COLLEGE OF NURSING

Recognized by INC, GNC & affiliated to Veer Narmad South Gujarat University-Surat
Plot No. 334, 335, 336 & 338, Near Haria L.G. Rotary Hospital Campus, GIDC, Vapi - 396195, Gujarat, India
Mobile No: +91-6357647901, +91-6357647902 E. info@sscnvapi.org

ACTIVITY REPORT

On the occasion of International Yoga Day, a special yoga program was organized in our college. The event began with our Principal (Dr. Dinesh Selvam) warmly welcoming the yoga trainer (Ms. Sheetal Trigotra, Gujarat State Yog Board) by presenting a flower bouquet.

After the welcome ceremony, all students and teachers watched the live broadcast of Hon'ble Prime Minister Narendra Modi's address on International Yoga Day. The speech highlighted the importance of yoga in maintaining physical and mental health.

Following the live broadcast, the yoga trainer conducted a yoga session for the students and staff members. The trainer demonstrated various yoga postures and breathing exercises. Everyone actively participated in the session and enjoyed learning the benefits of yoga.

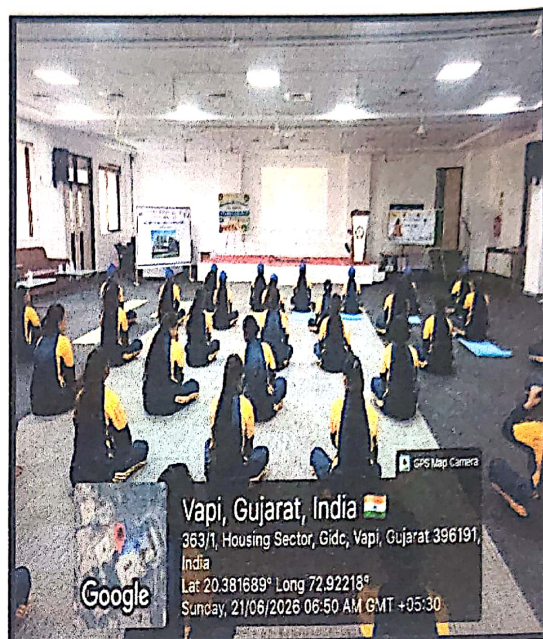
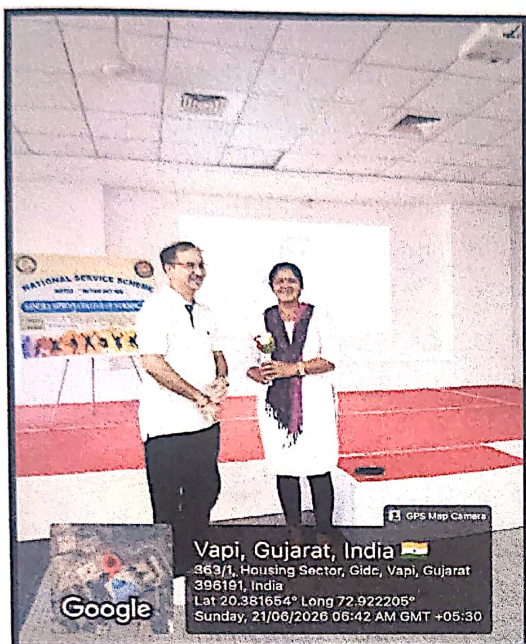
The program concluded successfully with a message to practice yoga regularly for a healthy and peaceful life.

A total of 60 (56 students and 4 faculty members) enthusiastically participated in the programme.

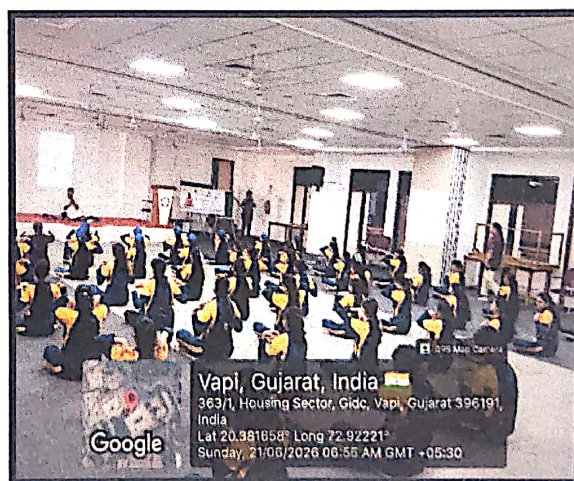
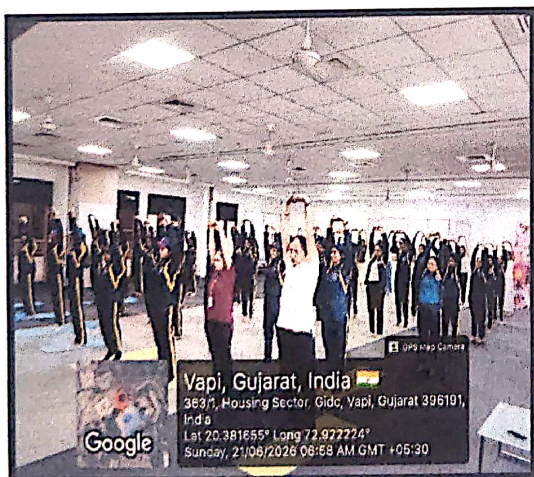


SANDRA SHROFF COLLEGE OF NURSING

Recognized by INC, GNC & affiliated to Veer Narmad South Gujarat University-Surat
Plot No. 334, 335, 336 & 338, Near Haria L.G. Rotary Hospital Campus, GIDC, Vapi - 396195, Gujarat, India
Mobile No: +91-6357647901, +91-6357647902 E. info@sscnvapi.org



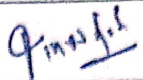
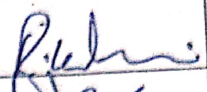
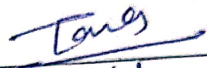
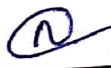
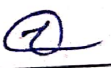
International Yoga Day on 21st June 2026



PARTICIPANT'S ATTENDANCE SHEET

Event: International Yoga Day

Date: 21/06/2026

SR. NO	NAME OF PARTICIPANT'S	BATCH/ DESIGNATION	SIGNATURE
1.	Dr. Dinesh selvam	Principal	
2.	Dr. Kanaka Lakshmi	Vice Principal	
3.	Mrs. Nimrita Patel	Nursing tutor	
4.	Mrs. Poiga Patel	Nursing Tutor	
5.	Ms. Tara u. singh	2nd year Student	
6.	Ms. Krishu K. Patel	2nd year	
7.	Ms. Poiga Patel	Warden	
8.	Ms. Vidhi Patel	2nd year	
9.	Ms. Anpita Tandel	2nd year	
10.	Ms. Vidhi Patel	3rd year	
11.	Ms. Vaidi Patel	3rd year	
12.	Ms. Ishu Patel	3rd year	
13.	Ms. Shivani	3rd year	
14.	Ms. Tarisha Patel	2nd year	
15.	Ms. Truji Patel	2nd year	
16.	Ms. Dhruvi Tandel	2nd year	
17.	Ms. Suhani Patel	2nd year	
18.	Ms. Tejasvini Patel	2nd year	

19.	Meera mistry	2nd year BSc Nursing	By
20.	Nayan Jaimini	2nd year BSc Nursing	(D)
21.	Chandee Krulika S	2nd year BSc Nursing	(K)
22.	Ayu Nandyaan George	1st year BSc. Nursing	A
23.	Adithya Nair	1st year BSc. Nursing	A
24.	Manas . K Thomas	2nd year BSc. Nursing	M
25.	Alan Jaimon	1st year BSc. Nursing	Aj
26.	Toshua Joby	1st year BSc N	F
27.	Rimpeel ceemvit	2nd year 4th sem	(P)
28.	ceemvit sejul	2nd year 4th sem	(S)
29.	teelvi upesand	2nd year	(U)
30.	Bhaageerice reldgani	2nd year	(P)
31.	Patel Pooja	2nd year	(P)
32.	Patel oigamshi	2nd year	(D)
33.	Reethod Bheerini	2nd year	(B)
34.	Peerachal Tishay	2nd year	Tier
35.	peermer Archi	2nd year	A.M.P
36.	Jople Tejul	2nd year	(D)
37.	Patel Arpitel	2nd year	(A)
38.	patel khushi	2nd year	(K)
39.	Patel Ronak	2nd year	(P)

40.	Patel Memeli	1st year B.Sc. (N)	Memeli
41.	Patel Sneha	1st year B.Sc. (N)	S.V. Patel
42.	Pipaliya Sneha A.	1st year B.Sc.	S.A. Pipaliya
43.	Patel Yashasvi A.	1st year B.Sc.	Patel
44.	Patel Hiral W.	1st year B.Sc.	H.V. Patel
45.	Patel Kajal M.	1st year B.Sc.	Patel K.M.
46.	Kokani Sneha E.	1st year B.Sc.	Sneha
47.	Patel Urvash	1st year B.Sc.	(U)
48.	Kokani Khushi	1st year B.Sc.	(K)
49.	Patel Mohini	1st year B.Sc.	(M)
50.	Jadhav Harshna	1st year B.Sc.	(H)
51.	Pavani Hetal	1st year B.Sc.	(H)
52.	Patel Yashvi	1st year B.Sc.	(Y)
53.	Solanki Mahesh	1st year B.Sc.	(M)
54.	Patel Hetvi	1st year B.Sc.	(H)
55.	Bhoya Sneha	4th year B.Sc.	(S)
56.	Vasava Angel	4th year B.Sc.	(A)
57.	Phruvi	4th year B.Sc.	(P)
58.	Patel Mitali	4th year B.Sc.	(M)
59.	Padavi Priyanshi	4th year B.Sc.	(P)
60.	Tayba	1st year B.Sc.	(T)